



Good Shepherd Primary School Newsletter

Fifth Sunday in Ordinary Time

Term 1

Week 3

Tuesday, 8th February, 2022



Good Shepherd Primary School
134 Hyatts Road
Plumpton NSW 2761
Telephone: 9836 7100

Email:
goodshepherd@parra.catholic.edu.au

Principal:
Mrs Patricia Carr



Good Shepherd Parish
136 Hyatts Road
Plumpton

Telephone: 9832 4461

Email:
parishof@tpg.com.au

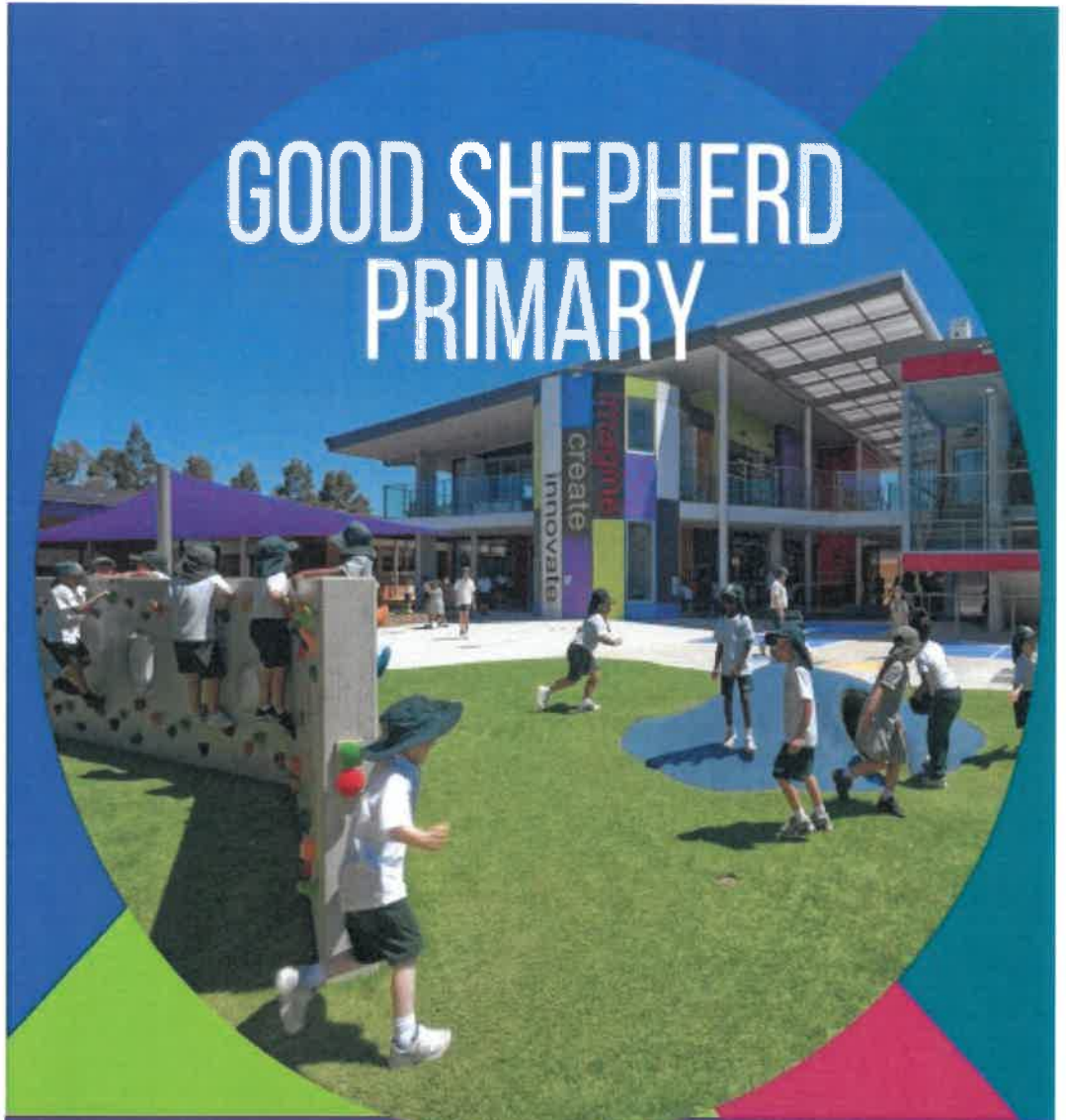
Parish Priest:
Fr Vincy D'Costa
ofmcap

Term 1 concludes:
Friday, 8th April

Term 2 commences:
Tuesday, 26th April

Term 2 concludes:
Friday, 1st July

GOOD SHEPHERD PRIMARY



OPEN DAY 6 MARCH 10:00AM-1:00PM

134 Hyatts Road, Plumpton T 9836 7100

www.gsplumpton.catholic.edu.au

SCAN QR CODE TO REGISTER YOUR INTEREST



ENROLLING NOW FOR KINDY 2023

Sports Days for Term 1 2022

Wednesdays: Year 2, 3R, 3W and Year 6

Thursdays: KB, KG, 1G, 1W and Year 5

Fridays: KR, KW, 1B, 1R, 3B, 3G and Year 4

Please note all Kindergarten students are asked to wear their Sports Uniform every Tuesday as well, as they will be participating in gross motor.

School Commencement and Finishing Times

School commences at 8.30 am and concludes at 2.30 pm (during Covid). Any child who arrives after this time or leaves school earlier for an appointment etc will need to report to the School Office. It is very important that your child arrive to school on time. Children arriving late to school miss out on valuable learning time and their late entry to the classroom disrupts their fellow students. **If your children are late to school, they are to be escorted to the School Office by a Parent/Carer.**

Student Mobile Phones

Parents, please note students are not allowed to have mobiles on their person or in the backpack during school hours. If you need to contact them, please ring the School Office. Students can leave their mobile phones with the office in the morning and collect them at dismissal time. Thank you.

Contact Details

Parents, it is vital that all contact information including phone/mobile numbers, emergency contacts, home address, email address are kept up to date. Please contact the School Office if any changes need to be made. Thank you.

Baby News

Congratulations to the Afinidad family (Darianne 6G) on the birth of a new baby girl. May she bring you many happy moments and joy.

Also, a big congratulations to Mrs Zeall (Year 3 2021 class teacher) on the birth of her new baby boy. May she and her husband be blessed with much happiness and love.



After School Supervision

Just a reminder that school finishes at 2:30 pm (during Covid). Please ensure that your children have been collected **before 3:15 pm each afternoon**.

There are many children who have not been collected before 3:15 pm which creates issues with supervision & safety for the children.

If you are late collecting your children from school it impacts on the children, the staff and the running of the school. Please ensure that you have made suitable arrangements to have your children collected by 3:15 pm.

If there is an emergency and you are running late to collect the children, please telephone the school office on (02) 9836 7100. Thank you.

Sincere Condolences

Sincere condolences to the Leonardo family (Kristopher Jayden Leonardo (5G)) on the passing of Kristopher's father Ronald Leonardo. Please keep the family in your prayers during this very sad time. Ronald's funeral will be held in the Good Shepherd Church Plumpton on Monday 14th February at 12.00 pm.



Hairstyling, Grooming and Earrings

Students are expected to keep their hair clean, neat and tidy at all times. Students are to keep hair off their face and out of their eyes. Student haircuts are to be in a sensible and conventional style. There are to be no extremes of fashion in hairstyle cut or colour. Shaving of any part of the head or undercuts, and haircuts with a number 1 or 2 blade are not permitted. Rat's tails are not permitted. Long hair below the shoulder should be tied back by a ribbon, 'scrunchy', hair band or clip in school colours. Only one pair of sleepers or studs are to be worn in the lower ear lobe. No dangling earrings.

Safer Internet Day— Tuesday 8th February 2022

Join the global initiative that brings families, schools, organisations and governments from 170 countries together to raise awareness about online safety.

There is no place for online abuse. We can all help to make life online enjoyable by being kind and respectful to each other.

Explore eSafety's range of resources to find out how you and your community can get involved in the 2022 campaign.

Sign up to support Safer Internet Day. Together, we can all #PlayitFairOnline.

<https://www.esafety.gov.au/newsroom/whats-on/safer-internet-day-2022>

If you have any further enquiries, please email:

safeguarding@parra.catholic.edu.au



#PlayitFairOnline



Peace & Joy Awards

The Good Shepherd School Community would like to congratulate the following students for their hard work and dedication throughout the past week. These awards are presented for cooperation, respectfulness, responsibility, care, compassion, fair go and integrity.

Logan Aquino	KB
Scarlett Nguyen	KG
Cairo Carroll	KR
Allison Chong	KW
Joshua Joseph	1B
Not Published	1G
All of 1R	1R
Raza-Ul-Haq Shahin	1W
Jade Hoang	2B
Ashley Sultana	2G
Jed Pineda	2R
Layla David	3B
Shariel Jackson	3G
Tiara Okunzuwa	3R
Not Published	3W
Fransisca Purwadi	4B
B.K. Ugochukwu	4G
Sophia Moawad	4R
Zachary Aquino	4W
Loreign Bautista	5G
Aaryav Acharya	5R
Ankit Maharaj	5W
Jamila Matias	6B
Lilybelle Ellison	6G
Tevita Langi	6R
Samantha Zacharia	6W

Student Absences

Dear Parents,

Just a quick reminder that **ALL student absences need to be explained. This is a legal requirement.**

Children Absent from School due to illness

In the event of your child being absent from school due to illness, **please inform the school office by phone or email. It is necessary that a written note of explanation be forwarded to the class teacher on the day of your child's return to school.** We need to receive this note within seven days of the last day of absence.

Prolonged absences from school due to illness should be supported by a medical certificate.

Please note if your child tests positive to Covid, please notify the school and keep your child at home. Thank you.



\$100 Creative Kids Vouchers Go Live

As parents begin planning for the year ahead, they can now access Creative Kids vouchers, providing them with \$100 for every school-age child to help cover the cost of enrolment for creative and cultural learning activities. Parents can use one voucher for every school-age child per year to help meet the cost of structured creative and cultural activities, such as music lessons, languages, coding, drama and theatre, photography and graphic design. The Minister for Finance, Services and Property said the NSW Government's Creative Kids program builds on the success of the Active Kids program, which is back this year, helping to reduce the cost of registration for sport and organised physical activity. Please visit website <https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>

Pastoral Care & Student Management Policy and the Countering Discrimination, Harassment & Bullying—Policy

Dear Parents & Carers, for information on the above policies, and other policies, please refer to our School Website—About Us—Policies & Procedures. Please note our Parent Handbook is on our School Website under "Enrol Now" for your convenience.

Communication between Parents and Staff for 2022

Just a reminder that the direct line of communication if you need to discuss concerns/issues etc regarding your child is:

Email, phone call or letter addressed to your child's teacher stating your concerns and requesting an interview if required.

Following this, you can request an interview with your child's Year Grade Leader.

2022 Year Grade Leader are as follows:

Kinder: Mrs Yvonne Davies

Year 1: Mrs Beulah Frankson

Year 2: Mrs Trish Conner

Year 3: Mr Paul Battikha

Year 4: Mr Paul Battikha

Year 5: Ms Elizabeth Le Breton

Year 6: Mr Ian Byrne

If you need to take further steps, after speaking with the Year Grade Leader, an email, letter or phone call to our Assistant Principal, then to the Principal.

Anaphylaxis Asthma Diabetic

Parents, students who are known to be Anaphylactic, Asthmatic or Diabetic wear identification bracelets during school hours at Good Shepherd School.

The identification bracelets assist awareness for all staff and provide a quicker response should any of these students show signs of these illnesses while they are in our care.

The identification bracelets are to remain at school after school hours. We would appreciate parents encouraging their child to put it on in class each morning and remove it at the end of each school day.



The **ALERT! ASTHMATIC** bracelet is pale blue, the **ALERT! DIABETIC** is dark blue and the **Anaphylaxis ALERT!** is red. If your child suffers from Anaphylaxis, is Asthmatic or Diabetic *or has any other medical problem* and the school has not been informed or you know your child hasn't been given the appropriate bracelet, we would appreciate correspondence from you so that he/she can be given the bracelet and his/her individual Medical Action Plan can be put in place. Thank you for your assistance.

Updated Action Management Plans for Medical Issues

If your child is taking regular medication including Asthma or is Anaphylactic or allergic, please note at the beginning of each year **we require updated information and Action/management plans for these medical issues.**

As part of keeping our children safe, it is vital that we maintain the most current information. Please take the time to update this information as soon as possible.

2022 Term Dates

Term 1 concludes: Friday, 8th April

Term 2 commences: Tuesday, 26th April

Term 2 concludes: Friday, 1st July

Term 3 commences: Monday, 18th July

Term 3 concludes: Friday, 23rd September

Term 4 commences: Monday, 10th October

Term 4 concludes: Wednesday, 19th December

2022 Staff Development Days (Pupil Free Days)

Terms 2—4 Staff Development Days are to be confirmed.

No Nut Products to School

As you are aware Good Shepherd Primary School has adopted a **nut free** policy to protect its students. Due to the presence of children who have anaphylactic reactions, nuts represent a considerable threat to the well-being of some of the school community. An anaphylactic reaction can be fatal. **Could parents please further assist us by making sure that their children do not bring any nut products to school eg peanut butter, Nutella and other nut spreads, chocolate bars with nuts in them like Snickers, some muesli products, some cake or biscuit products—the list is extensive. If parents could check the labels carefully before buying products for school lunches, it would be greatly appreciated.**

If your child has an allergy and he/she does not wear a wrist band at school, please contact Mrs Doran in the School Office. (Wrist Bands are also available for asthma and diabetes).

Privacy Consent

Dear Parents & Carers,

If you do not give consent for the use of your child's image and/or works to be published in our School Newsletter or on our website, **please notify the school in writing.** If you do not want your child to sell raffle tickets, please also inform the school office. Thank you.

Uploading of Photos onto YouTube and Social Media

Parents, please note there is to be no uploading of pictures of students that are not your own child, onto YouTube and Social Media eg Facebook, Instagram etc. from events at school **without prior permission from the School Principal.** Such events include school functions, excursions, liturgies etc.

PLEASE NOTE

Complaints/Grievances Forms

Parents, please note if you would like to make a complaint/grievance in regards to any school matter, you can pick up a form from the school office. All matters will be attended to under strict confidentiality.

Dear Parents & Carers, please note if someone else will be collecting your child **early or during school hours,** on your behalf, you need to inform the school **in writing or by email to:** (goodshepherd@parra.catholic.edu.au) **PRIOR TO PICKUP.** Thank you for your cooperation in this matter.

Good Shepherd Primary School

134 Hyatts Road, Locked Bag 1001, Plumpton NSW 2761 - Phone: 9836 7100
Email: goodshepherd@parra.catholic.edu.au - Website: www.gsplumpton.catholic.edu.au

2022 CANTEEN MENU

Hot Food

Corn on the Cob	\$1.20
Garlic Bread	\$2.00
Party Pie	2 for \$3.00
Hot Cheese Roll	\$3.00
Chicken Nuggets	4 for \$3.20
	6 for \$4.80
Cheese & Broccoli Bites	4 for \$3.20
	6 for \$4.80
Hot Dog w/ Sauce	\$3.50
Mini Dim Sim Cup	\$3.50
Chicken or Vegetable	
Sausage Roll	\$3.60
Spinach & Ricotta Roll	\$3.80
Hot Chicken Roll	\$4.00
Traveller Pie	\$4.20
Beef or Chicken	

Burgers

No changes or substitutions are available.

Chicken Burger	\$4.60
Lettuce & Mayo	
Beef/Salad Burger	\$4.60
Lettuce, Tomato & BBQ Sauce	
Cheese Burger	\$4.60
Beef, Cheese & BBQ Sauce	
Veggie Burger	\$4.80
Lettuce & Mayo	

Pasta & Rice

Macaroni & Cheese	\$4.80
Butter Chicken & Rice	\$4.80
Beef or Vegetable Lasagne	\$4.80
BBQ Pork & Ham Fried Rice	\$4.80

Hot Wraps

Chicken Tender w/ Lettuce & Mayo	\$5.20
Toasted Ham/Cheese	\$5.00

Bento Box \$5.50

Your choice of Chicken Breast Slice, Corn Cob or Boiled Egg
PLUS 1/2 Sandwich, Mini Muffins, Sliced Fruit, and Popcorn



Classroom Catering supports a focus on everyday healthy food & drink options and is fully compliant with the NSW Healthy School Canteen food & drink benchmarks.

Build Your Own Sub Roll

Sub rolls baked fresh everyday!

\$5.50

Includes:

One (1) choice of meat, and any fillings or sauces.

1. Choose a Meat:

Chicken Breast, Ham, Tuna, Meatballs or Roast Beef

2. Choose Fillings:

Carrot, Cheese, Tomato, Lettuce, Cucumber or Beetroot.

3. Choose Sauce/Dressing:

Caesar, Garlic Aioli, Sweet Chilli, Tomato, BBQ, Mayo or Sweet Mustard.

Sandwiches & Wraps

All sandwiches made on wholemeal bread

Upgrade Wrap	\$0.80
Vegemite, Jam or Cheese	\$2.50
Tuna or Egg	\$3.20
Ham, Chicken or Roast Beef	\$4.00
Salad Sandwich	\$4.00
Lettuce, Tomato, Cucumber, Beetroot & Carrot	
Salad w/ Tuna or Ham	\$4.50
Salad w/ Chicken or Roast Beef	\$4.80
Extras (including Toasting)	\$0.60
Cheese, Avocado, Sprouts	

Sushi

Available Tues, Wed, & Thurs

Chicken & Cucumber	\$3.80
Tuna & Cucumber	\$3.80
Chicken Terriyaki	\$3.80
Veggie Sushi	\$3.80

ORDER ONLINE!

For online weekly specials, detailed menus and to order online, please visit spriggyschools.com.au

Lunch order cut off is 9am



Salads

Garden Salad	\$4.50
Lettuce, Tomato, Cucumber, Beetroot & Carrot	
w/ Ham or Tuna	\$5.20
Chicken Caetser Salad	\$5.50
Greek Salad	\$5.50
Extras	\$0.60
Cheese, Avocado, Sprouts, Egg or Capsicum	

Drinks

Bottled Water 600ml	\$2.00
Plain Milk 300ml	\$2.00
Juice Popper	\$2.40
Flavoured Milk 300ml (3 Flavours)	\$2.60
Juice Bomb Sparkling Juice	\$2.80
Up 'n' Go	\$2.80

Please note that while we take great care to ensure the correct flavour drink/ice block is provided, some substitutions may occur due to circumstances out of our control

Cold Treats

Quelch Fruit Stick	\$1.00
Frozen Juice Cup	\$1.50
Snap Stix Ice Block	\$1.50
Icy Mony	\$1.50
Moosie Pouch	\$1.50
Juicee Tube	\$1.50
Lemonade on a Stick	\$1.50

All cold treats are to be collected from the canteen by returning brown lunch bag

Snacks

Pizza Muffin (Recess Only)	\$1.00
Laughing Cow Cheese	\$1.00
Carrot Sticks	\$1.00
Piece of Fruit	\$1.20
Boiled Egg	\$1.00
Popcorn	\$1.50
Custard Cup	\$1.50
Fruit Salad	Small \$3.00
	Large \$4.00
Dip Snack Box	\$3.50
Banana Bread Slice	\$3.00
Red Rock Crisps	\$2.00
Grainwaves	\$2.00

Gluten Free and Halal menus are available online (see details above).

TERM 1 MENU SPECIALS

Classroom Catering have a few Specials and recommendations for Term 1. We hope you like them!

Specials and recommendations Term 1

Rainbow Dippers

\$2.50

A colourful tasty snack of vegetable sticks with vegetable dip
A new combination every 2 weeks!



Cheese & broccoli bites
Delicious cheese & broccoli bites
The chicken nugget alternative!



\$3.20 for 4
\$4.80 for 6

Changes to existing items

Bento box

\$5.50

Cherry tomatoes and baby carrots will replace the sliced fruit in all Bento Boxes



Sandwiches and burgers

(No changes to price)

Lettuce or cucumber will be added to these sandwiches on alternating days:

- cheese (\$2.50),
- tuna, egg (\$3.20),
- ham, chicken & roast beef (\$4.00)

Beetroot will be added to these

- burgers:
- chicken, cheese (\$4.60),
 - beef/salad (\$4.60)



Note: if your child does not want the added lettuce, cucumber or beetroot to their sandwich or burger, you can unclick it on the online ordering system, or write it on the brown bag.

Lunch order cut off is 9am
For a more detailed menu and to order
online, please visit catholicschools.com.au



Classroom Catering supports a
focus on everyday healthy
food & drink options

Classroom Catering is fully compliant with the NSW Healthy
School Canteen food & drink benchmarks