

# CANTEN MENU 2021

## Hot Food

|                        |                              |
|------------------------|------------------------------|
| Chicken Nuggets        | 4 for \$3.20<br>6 for \$4.20 |
| Corn on the Cob        | \$1.20                       |
| Garlic Bread           | \$2.00                       |
| Party Pie              | 2 for \$2.80                 |
| Hot Cheese Roll        | \$3.00                       |
| Cup of Noodles         | \$3.30                       |
| Hot Dog w/ Sauce       | \$3.50                       |
| Sausage Roll           | \$3.60                       |
| Spinach & Ricotta Roll | \$3.80                       |
| Hot Chicken Roll       | \$4.00                       |
| Traveller Pie          | \$4.20                       |
| Pizza Wrap             | \$4.20                       |

## Burgers

|   |        |
|---|--------|
| Chicken Burger<br>Lettuce & Mayo                | \$4.60 |
| Beef/Salad Burger                               | \$4.60 |
| Lettuce, Tomato & BBQ Sauce                     | \$4.80 |
| Veggie Burger<br>Lettuce & Mayo                 | \$5.00 |
| Chicken/Cheese Burger<br>Lettuce, Cheese & Mayo | \$5.00 |
| Cheese Burger<br>Meat, Cheese & BBQ Sauce       | \$5.00 |

## Pasta & Rice

|                       |        |
|-----------------------|--------|
| Macaroni & Cheese     | \$4.60 |
| Butter Chicken & Rice | \$4.60 |
| Pasta Bolognese       | \$4.60 |
| Beef Lasagne          | \$4.60 |
| Vegetable Lasagne     | \$4.60 |

## Hot Wraps

|                                  |        |
|----------------------------------|--------|
| Chicken Tender w/ Lettuce & Mayo | \$5.00 |
| Toasted Ham/Cheese               | \$5.00 |
| Chicken Caesar                   | \$5.00 |

## Sandwiches, Rolls & Wraps

All sandwiches made on wholemeal bread

|   |        |
|---|--------|
| Upgrade to Roll or Wrap                                 | \$0.50 |
| Vegemite or Jam   | \$2.00 |
| Tomato or Cheese  | \$2.50 |
| Tuna or Egg   | \$3.20 |
| Ham, Chicken or Salmon                                  | \$3.60 |
| Salad Sandwich  | \$3.50 |
| Lettuce, Tomato, Cucumber,<br>Beetroot & Carrot         | \$4.00 |
| Salad w/ Cheese   | \$4.20 |
| Salad w/ Tuna or Ham                                    | \$4.50 |
| Salad w/ Chicken or Salmon                              | \$4.50 |
| Extras (including Toasting)<br>Cheese, Avocado, Sprouts | \$0.60 |

## Sushi

Available Tues, Wed, & Thurs

|                    |        |
|--------------------|--------|
| Chicken & Cucumber | \$3.60 |
| Tuna & Cucumber    | \$3.60 |
| Chicken Teriyaki   | \$3.60 |
| Veggie Sushi       | \$3.60 |

## Salads

|   |        |
|---|--------|
| Garden Salad<br>Lettuce, Tomato, Cucumber,<br>Beetroot & Carrot | \$4.20 |
| w/ Ham or Tuna  | \$4.80 |
| w/ Salmon or Chicken  | \$5.00 |
| Chicken Caesar Salad  | \$5.50 |
| Greek Salad   | \$5.50 |
| Extras<br>Cheese, Avocado, Sprouts,<br>Egg or Capsicum          | \$0.60 |

## Drinks

|                                   |        |
|-----------------------------------|--------|
| Bottled Water 600ml               | \$2.00 |
| Plain Milk 300ml                  | \$2.00 |
| Juice Popper                      | \$2.20 |
| Flavoured Milk 300ml (3 Flavours) | \$2.50 |
| Juice Bomb Sparkling Juice        | \$2.60 |
| Up 'n' Go                         | \$2.70 |

## Cold Treats

|                         |        |
|-------------------------|--------|
| Frozen Lite Cordial Cup | \$0.50 |
| Quelch Fruit Stick      | \$1.00 |
| Frozen Juice Cup        | \$1.30 |
| Snap Stix Ice Block     | \$1.30 |
| Icy Morny               | \$1.30 |
| Moosie Pouch            | \$1.30 |
| Juicee Tube             | \$1.50 |
| Ice Cream Cup           | \$2.00 |
| Slushy Cup              | \$2.00 |

All cold treats are to be collected from the canteen by returning brown lunch bag

## Snacks

|                            |                              |
|----------------------------|------------------------------|
| Pizza Muffin (Recess Only) | \$1.00                       |
| Laughing Cow Cheese        | \$1.00                       |
| Carrot Sticks              | \$1.00                       |
| Piece of Fruit             | \$1.00                       |
| Boiled Egg                 | \$1.00                       |
| Popcorn                    | \$1.00                       |
| Custard Cup                | \$1.00                       |
| Fruit Salad                | Small \$2.50<br>Large \$4.00 |
| Dip Snack Box              | \$3.00                       |
| Banana Bread Slice         | \$2.50                       |
| Red Rock Crisps            | \$1.60                       |
| Grainwaves                 | \$1.60                       |

Classroom Catering is fully compliant with the NSW Healthy School Canteen food & drink benchmarks

Gluten Free and Halal menus are available online (see details below)



Classroom Catering supports a focus on everyday healthy food & drink options



Lunch order cut off is 9am  
For a more detailed menu and to order online, please visit [cashless.school](http://cashless.school).

Bento Box \$5.00

Chicken Breast Slice, 1/2 Sandwich, Mini Muffins, Sliced Fruit, Popcorn