

## Good Shepherd Primary School Newsletter

32nd Sunday in Ordinary Time



Good Shepherd Primary School 134 Hyatts Road Plumpton NSW 2761

Telephone: 9836 7100

Email: goodshepherd@parra. catholic.edu.au

> Principal: Mrs Patricia Carr



Good Shepherd Parish 136 Hyatts Road Plumpton

Telephone: 9832 4461

Email: parishof@tpg.com.au

> Parish Priest: Fr Vincy D'Costa ofmcap

2019 Commencement Dates

Wednesday, 30/1/2019 Years 1—6

Thursday, 31/1/2019 New Kinder Families

> Friday, 1/2/2019 All Students

Term 4

Week 5

Tuesday, 13th November, 2018

**Dear Parents** 

Have a guess as to the title of this verse:

"Sometimes in life it's hard to tell,
What we should or should not do.
Just because my friends do something,
Does that mean I should do it too?
I want so much to be accepted,
I want so bad to just fit in,
Should I join in and just follow the crowd,
Although, what they do might be a sin?"

If you guessed "Peer Pressure", you were right; the author was a young adult named Calvin Hart. Peer pressure can start when we are two years old and continue well into our twilight years, but it does seem to have its most intense influence during the pre adolescent and adolescent years. This is the time when our children are striking out on their own and trying to identify who they really are. Childhood guidance and rules no longer suit their needs. They might try to give the impression that they can now stand on their own two feet, but those legs above their feet are rather shaky and they need us to be there for them as never before.

Facing peer pressure is a natural part of growing up and whether or not our children give in to its negative aspects, will have a lot to do with the kind of relationship they share with us, their parents. Establishing a good relationship will take time and so needs to be commenced when our children are infants. The pillar of our relationship should be the continued message to our children that they are always loved and accepted for who they are, no matter what.

The forging of a bond with our children that will make them feel loved and accepted for who they are, will give them a sense of security. This security will give them the strength to stand up for their values and beliefs. Our children's beliefs about certain things may be different from ours, because the world has moved on since we were young. We need to allow them their beliefs and respect them even if they appear to be not well informed. We can encourage them to stand up for what they believe in and so let them know that their opinions matter. We might not always be in agreement but we can provide them with the opportunity to share their opinions, and so let our children know they have an unconditional support system.

We can guide them towards the right thing to do when dealing with a friend who is teasing, or what stance to take in a disagreement amongst peers, but the final decision should be theirs; accepting and dealing with any consequences should also be theirs. Young people want to make their own decisions and if they have good information, self-confidence and our love to back it up, they will mostly make the best choices.

If parents provide this information, children may be less inclined to adopt the poor behaviour of others

We need to keep building self esteem into our children. Good self esteem will help them realise that if another person does not respect them and tries to "ride right over them", then, that person is not worthy of their friendship.

Adolescence and pre-adolescence is a worrying time for parents, but if we try to keep the lines of communication open, know when to give advice and when to just listen and be there for them, then this time can be a time of enjoyment and love for both parents and children.

Padricie Con

Tricia Carr Principal

#### **UPCOMING EVENTS**

Thursday, 15th November: Creative Arts Expo

(5.00 pm Good Shepherd

School)

Tuesday, 20th November:

Year 6 Reflection Day

Tuesday, 27th November:

Reconciliation (11.00 am Good Shepherd School)

Wednesday, 28th November: Summer Disco-details to

follow shortly

Friday, 30th November:

Showcase of Talent (Good

Shepherd School)

#### **Peace & Joy Awards**

The Good Shepherd School Community would like to congratulate the following students for their hard work and dedication throughout the past week. These awards are presented for cooperation,

respectfulness, responsibility, care, compassion, fair go and integrity.

КВ	Vansh Prasad	KG	Edwin John Elisapeci
KR	Elizur Lopez-Aguila	KW	Alessandra Leigh Pascual
1B	Charlotte Russell	1G	Annabelle Stojanovski
1R	Kevin Gounder	1W	Miguel Caballo
2B	Matilda Sonter	2G	Marc Brayden Sincero
2R	Roza-Elloise Frias	2W	Sinit Teame
3B	Prahallika Panuganti	3G	Laiza Chicote
3R	Orlando Solis	3W	Patricia Mateo
4B	Lucas Lobos	4G	Nepean Laulu
4R	Marell Wasfy	4W	Jonathan Gama
5B	Gaile Zapanta	5G	Megan Ferriera
5R	Cloey Nguyen	5W	Declan Pitkin
6B	Ethan Zammit	6G	George Alam
6R	Joshua Pestridge	6W	Sara Al Makdissi

#### **Diocesan Gymnastics Championships**

Next Friday eight Good Shepherd students will compete at the Diocesan Gymnastics Championships. It will be held at Sydney Gymnastics and Aquatic Centre, Rooty Hill. The students will perform a floor routine and perform skills on apparatus - vault and mini tramp. We wish the students every success. Thank you to Mrs Espino who will act as team manager.





#### Good Shepherd Creative Arts Night

Thursday, 15th November, 2018 5.00 pm—8.00 pm in the Parish Hall

#### Program of Events:

5.00 pm—6.00 pm: Outdoor Art Exhibition, Buskers, Face Painting, Karaoke, Dance Area, Sausage Sizzle, Ice Blocks and Drinks for Sale.

6.00 pm—8.00 pm: On stage performances by our very

talented students

Entry: Gold Coin Donation per adult. No ticketed seating.

There will be a sausage sizzle on sale from 5.00 pm—6.00 pm.



## Parish Hall Carpark closed this Thursday afternoon 15th November ....

Dear Parents, please note that due to the Creative Arts Expo this Thursday, the Parish Hall Carpark will be closed **Thursday afternoon** due to the setting up of the Expo. Please feel free to park in the Church Carpark, or across the road behind the Plumpton Market Place.



#### **Showcase of Talent**

Our annual Showcase of Talent is happening again this year on <u>Friday 30th November</u> during school time. <u>Do not confuse this with the Creative Arts Expo</u>! (That's on 15th November from 5 pm).

The Showcase of Talent is a chance for students to perform an act or skill to their grade buddies. The best from each grade will perform in front of a larger audience on 30th November during school time.

Students, start planning your act! Auditions will take place with your grade in a few weeks time and a letter of interest will be available next week. I can't wait to see what you can do! If you have any questions, please

see me. Thank you Mrs Cooke



#### Social Skill of the Week

"Say please and thank you"

#### Class Placement for 2019

Very soon we will start to formulate classes for 2019. If you have any issues regarding your child's class placement, please inform Mrs Patricia Carr, Principal, in writing no later than this <a href="Friday">Friday</a>, 16th November. Whilst we endeavour to take into account your considerations, final decisions are made by the School.

If your family is not returning to Good Shepherd in 2019, would you please inform Mrs Carr in writing also by **Friday, 16th November**. Please indicate the school that they will be attending for our records. Thank you.

## Term 4 2018 Staff Development Days (Pupil Free Days)

Each year Staff participate in professional development to support them in their roles as educators. The focus of these days is aligned to Good Shepherd School's goals. Staff will use information they have gathered about the children to design learning programs for the children that will best meet their needs. Term 4's Staff Development Days are Pupil Free Days and will take place on Thursday, 20th December and Friday, 21st December. Our thanks to parents for organising care for their children on

this day. COSHC will be unable to offer spaces for care on this day due to staff training.





#### 40 km/h School Zones

The 40 km/h school zone slows traffic in the vicinity of the school. Most 40 km/h school zones operate between 8.00 am and

9.30 am and from 2.30 pm until 4.00 pm. The 40 km/h school zone speed limit must be observed even if school children cannot be seen.

#### Uniform Shop—Opening Days Fridays Only 8.30—9.00 am

Please note only Cash is accepted. If you can assist with helping our Parent Group with the uniform shop, please leave your contact details with the school office.



Dear Parents & Carers, please note if someone else will be collecting your child early or during school hours, on your behalf, you need to inform the school in writing or by email to:

(goodshepherd@parra.catholic.edu.au)

PRIOR TO PICKUP. This policy is effective

immediately. Thank you for your cooperation in this matter.

**Keeping Everyone Safe!!** 

We're all in this together! As a community its our joint responsibility to take care of each other.

If you see or witness something in this school that could be a potential danger to the children/ staff or visitors, please contact the school office to advise. Thank you for helping to keep our community safe.



#### **Back to School 2019**

Parents, if you intend travelling overseas or interstate during the Christmas holidays and your child/children will be returning to school after school resumes, would you

please notify the office in writing that this will be happening and note the date your child will be returning for the 2019 school year. (NB, please remember you require an interview with the Principal for leave of 10 school days or more <u>prior to taking leave</u>. You will need to complete an Application for Extended Leave form which can be picked up from the school office). This must be completed, travel documentation attached to it, and returned to the school office <u>prior to going on leave</u>. An interview will then be arranged with the Principal in order for leave to be approved.

#### **Privacy Consent**

Dear Parents & Carers,

If you do not give consent for the use of your child's image and/or works to be published in our School Newsletter or on our website, please notify the school in writing. If you do not want your child to sell raffle tickets, please also inform the school office. Thank you.

#### **Complaints/Grievances Forms**

Parents, please note if you would like to make a complaint/ grievance in regards to any school matter, you can pick up a form from the school office. All matters will be attended to under strict confidentiality.

#### **Term 4 Dates**

Concludes: Wednesday, 19th December

**Term 4 School Holidays** 

Commences: Thursday, 20th December 2018 through

to Monday, 28th January 2019

#### **Commencement Dates for 2019**

Wednesday, 30th January, 2019 Thursday, 31st January, 2019 Friday, 1st February, 2019

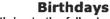
Years 1—6
New Kinder Families
All Students

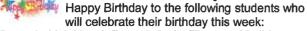
## School Commencement and Finishing Times

School commences at 8.30 am and concludes at 2.50 pm. Any child who arrives after this time or leaves school earlier for an appointment etc will need to report to the School Office. It is very important that your child arrive to school on time. Children arriving late to school miss out on valuable learning time and their late entry to the classroom disrupts their fellow students. If your children are late to school, they are to be escorted to the School Office by a Parent/Carer.

**School Shoes & Joggers** 

At this time of the year we often find that children need their school shoes & joggers replaced. Please remember if you are buying new school shoes, they are to be black. If you need to replace joggers, they should be predominantly white. No fluro or bright colours. For information on uniform and hairstyle requirements, please see website.





Kirsten Labial, Vansh Prasad, Amity Thomas, Matilda-Holly Marks, Emalyn Shaw, Liana Banares, Andrei Jambalos, Joshua Parnell, Joshua Caruana, Harrison Coote, Ella Romero, Jaiden Rosas, Ruby Cornish and Fatima Mancao.

**Student Supervision** 

As you know it is a priority at Good Shepherd Primary School to keep every child safe. Teachers have a duty of care to supervise children both in class and on the playground. This supervision commences at 8.10 am each morning. Similarly afternoon supervision of children concludes at 3.15 pm. All children must be picked up by this time.

It is vital that parents seek a safe, supervised environment whilst they are away at work. It is not the responsibility of school staff to provide before and after school care whilst parents are at work. School staff have their own personal and professional responsibilities to attend to in out of school hours. Thank you for your support with this matter.

#### **Car Park Safety**

Due to the need for increased safety measures in the Parish and Hall car parks, the following safety procedures are enforced:

The ONLY DROP OFF AREA in the mornings is the drop off bay at the front of the school. No other students are to be dropped off in the Parish car park OR the Hall car park.

If you are entering the Parish car park or the Hall car park, YOU MUST PARK YOUR CAR AND WALK YOUR CHILD INTO THE SCHOOL GROUNDS.

Please note when exiting the Parish Car Park, please use the correct exit as there have been a few incidents lately whereby cars have exited from the wrong exit, nearly causing an accident! We do not want this car park to close!!

As always, hold your child's hand when walking through car parks. And display courtesy towards other drivers – it makes the trip to and from school more pleasant.

Why not park in the Shopping Centre car park and take advantage of our crossing guard? She is there to help us all and keep us safe.

Also, please do not leave your child/children unattended in your car when collecting your child/ren at dismissal time. It is against the law and as the weather is getting hotter, the temperature in the car escalates and is extremely dangerous for anyone left in the car! Thank you for your continued support and understanding. After all, it is you and your child we are protecting. Bianca Cooke, Assistant Principal.

#### **Uniform School Bag**

Dear Parents, please note as of Term 1 2019 all students (except Year 6 2019 students) will be expected to be using the new school bag. The decision to have these bags as a standard part of our school uniform was made in 2015, voted in by the school Leadership Team as well as the Parent Group. If you are replacing your child's bag, please purchase

the school bag. The bag is available from the uniform shop or the school office. The cost is \$40.00 and cash only will be accepted. These bags are designed to evenly distribute weight and are made of extremely durable materials making them good value in the long run. Thank you.



#### **Canteen News**

Two Meal Deals to choose from at \$5.00 each (This deal is available until Friday, 23rd November).
Meal Deal 1

Salad Box with Chicken & Bottle Water Meal Deal 2

Toasted Ham & Cheese Wrap & Bottle Juice

To view the full menu of Classroom Catering, please visit website: <a href="https://www.classroomcatering.com.au">www.classroomcatering.com.au</a>



#### Communication between Parents and Staff

Just a reminder that the direct line of communication if you need to discuss concerns/issues etc regarding your child is:

Phone call, email or letter addressed to your child's teacher stating your concerns and requesting an interview if required.

Following this, you can request an interview with your child's Year Group Coordinator. Year Group

Coordinators are as follows:

Kinder: Mrs Bianca Cooke Year 1: Mrs Trish Conner Year 2: Mrs Yvonne Davies Year 3: Mrs Debbie Dela Paz

Year 4: Mr Ian Byrne

Year 5: Mrs Beaulah Frankson Year 6: Ms Elizabeth Dowd

If you need to take further steps, after speaking with the Year Group Co-Ordinator, an email, letter or phone call to our Assistant Principal, then to the Principal.

#### **Policies and Forms**

For all policies and forms, please refer to our School Website—"About Us"—"Policies & Procedures". Please note our Parent Handbook is on our School Website under "Enrol Now" for your convenience.

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#### **Contact Details**

Parents, it is vital that all contact information including phone/mobile numbers, emergency contacts, home address, email address are kept

up to date. Please contact the School Office if any changes need to be made. Also if you purchase a new mobile phone, don't forget to download the Skoolbag App as this is an important tool for communication purposes. Thank you.

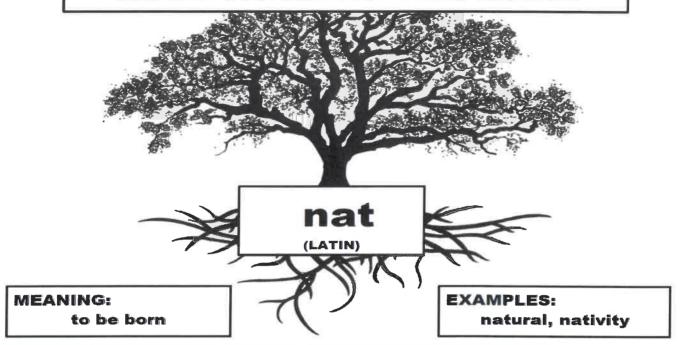
## Kindergarten 2019 Enrolments—only a few places left .....

Enrolment Application forms for Kindergarten 2019 are available from the School Office.

Parents, if you already have a child at Good Shepherd, you will still need to submit an Enrolment Form for any **new siblings** for 2019.



### **ROOT WORD OF THE WEEK**



## **Numeracy Warmup**

#### So Many Legs

Each student takes a handful of small toys then imagines, predicts and proves the total number of legs in the handful. Students explain their strategies and explain the fastest way to work it out. What helped them? What did they know? Could they use something they already know to work out something they don't know? Next students predict and work what would one more/one less set of legs be. Two more/less. Five more/less.

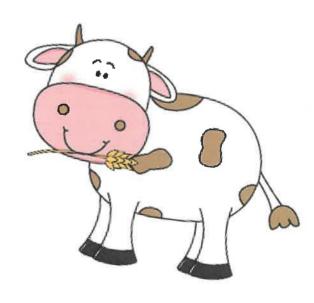
#### Purpose:

To think in groups, to not count by ones.

#### Resources:

Small toys with legs





#### **News from the Bishop's Office**

#### **Positions Vacant**

**Communications Officer - Diocese of Parramatta** 

More details at: parracatholic.org/employment

Parish Secretary (part-time, maternity leave role) - Holy Spirit Parish, St Clair

More details at: holyspiritstclair.com.au

Media and Community Liaison Officer - Columban Centre for Christian-Muslim Relations

More details at: www.catholicjobsonline.com.au

Worldwide Marriage Encounter: 16 - 18 November

Take the time to step back from everyday distractions and rediscover your relationship! 16 – 18 November at Mt Carmel Retreat Centre, Varroville, NSW. Book online at www.wwme.org.au - alternatively contact Adrian and Janet Sullivan: on 0490 774 419 or adrian.janet1@bigpond.com

#### Healing After Abortion Retreat: 16 - 18 November

Rachel's Vineyard Ministries, Sydney offers regular healing retreats for those who have experienced an abortion. The retreat offers a sanctuary in which to renew, rebuild and redeem hearts broken by abortion in a safe, supportive, confidential and non-judgmental environment. Information and a brochure can found at: www.rachelsvineyard.org.au or call us on our confidential voicemail number 0400 092 555 or email info@rachelsvineyard.org.au.

#### **Australian Catholic Historical Society Lecture: 18 November**

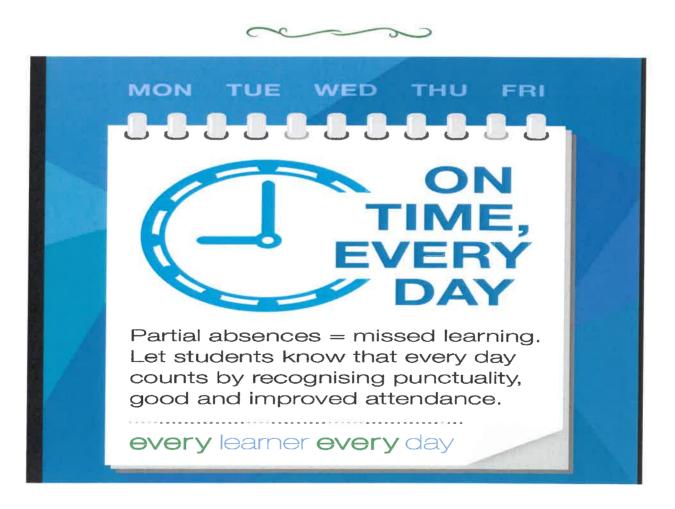
Dr Charmaine Robson - In Paradise, under the sun: Francis McGarry and the rewards of missionary work in 1930s' Alice Springs. Visit the ACHS website www.australiancatholichistoricalsociety.com.au for more information.

#### **Christian Meditation: 18 November**

You are invited to our Christian Meditation Introduction and Renewal Days for 2018 at St Benedict's Monastery, 121 Arcadia Rd, Arcadia on Sunday 18 November. Arrival time at the monastery is from 10am for a 10:30am start. Conclusion is around 3pm. Mass is celebrated at 2pm.

There will be presentations and periods of meditation with the opportunity of an introduction to Christian Meditation for newcomers. Bring your own picnic lunch. Tea and coffee provided. Registration is on the day. There is no set charge, a donation may be made for the monks. There may be accommodation available at the Monastery Guest House enquiries to Br Terry Cavanagh on 0438 282 318. Other enquiries to Ann Bergman 02 9498 2625 anniebergman@hotmail.com or Ann Lomas 02 9456 4775 atlomas@bigpond.com

For more events please go to: http://parracatholic.org/events/



**Good Shepherd Primary School** 

134 Hyatts Road, Locked Bag 1001, Plumpton NSW 2761 - Phone: 9836 7100 Email: goodshepherd@parra.catholic.edu.au - Website: www.gsplumpton.catholic.edu.au



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## **INSTORE & ONLINE - THURSDAY 15TH NOVEMBER**

\* Excludes gift cards & all suit packages. Cannot be combined with other offers or discounts. Floor stock only.

Styles and colours may vary from store to store.

No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount.

Offer ends midnight (AEDT) 15/11/18. Must use Zero or Rewards card to receive discount.