

Good Shepherd Primary School Newsletter

Term 4

Week 6

Tuesday, 14th November, 2017

32nd Sunday in Ordinary Time



Dates for your Diary:

For further Upcoming Events..... Please see inside for more details of other events!

Term 4 concludes: Friday, 15th December

Term 1 2018 commences:

Tuesday, 30th January for students in Year 1 through to Year 6

Wednesday, 31st January for New Kinder students

Thursday, 1st February for Kinder siblings.

Dear Parents and Guardians,

Being a parent is hard work and there are so many things that parents have to worry about. You worry about the health, fitness and learning of your children. Their spiritual and emotional development is also very important. In our society we hear a lot about mental health and we can support our children to be happy and healthy individuals in many ways.

When we make our children feel connected to and welcome in our family, we are supporting their positive adjustment, their self-identification, their sense of trust in others and themselves, all of which are important in promoting mental health. When we support our children to achieve reasonable levels of academic success and help them to develop their talents and interests, we are helping them to feel competent and more able to deal with any stress they may have. Helping them to be socially competent, having friends and staying connected to them, can enhance mental wellness.

Our children need to know that they can make a positive contribution to the lives of other people and, if we promote positive behaviours such as respect, responsibility and kindness towards others, it will give them a lead into the wider community and broaden their social adjustment.

When we encourage good physical health, we support good mental health. Healthy eating habits, regular exercise and participation in sporting activities with peers, together with adequate sleep, may protect our children against anxiety, anger, stress and depression.

Besides promoting participation in activities that encourage good attitude and healthy participation, there are activities in which parents might discourage too much engagement. These areas might include television, movie and internet game activities, all of which should be out of bedrooms and in a common family area.

Parental control of these technologies is vital.

Most parents have a high expectation of how their family should be and how each member should develop. Most parents would realise that there are no perfect children and no perfect parents. All children misbehave sometime and all parents make mistakes. Our children need to be accepted for who they are, loved and encouraged to grow up at their own pace so they will develop good self-esteem and confidence.

Family relationships are built up over time with loving care and concern for each member. Doing things together, being appreciative of one another, complimenting each other, finding solutions to problems together, all help to develop positive attitudes and a positive and hopeful outlook on life, and all help to ensure good mental health.

Congratulations on the good work you are doing as parents - it is not an easy role but it does deliver many blessings.

Peace and Best Wishes.

Padriore Con

Tricia Carr



Our Good Shepherd Basketball Winners!!

In last week's Parent Newsletter there was a write up on our Year 6 Boys basketball team winning the Basketball Gala Day held at the Penrith Stadium. Our sincere apologies to Peter Mateo whose name was inadvertently left out of the write up. Once again congratulations to all the team members on a fantastic effort!











UPCOMING EVENTS

Tuesday, 21st November Reconciliation (11.00 am Good Shepherd Church)

Looking ahead

Wednesday, 29th November School Disco

Wednesday, 29th November & Thursday, 30th November

Year 1 to Loretto

Thursday, 30th November

Year 2 Assembly (2.15 pm Good Shepherd School)

Friday, 1st December

Mufti Day for all students (Year 6 fundraiser) Please

bring in a gold coin.

Friday, 1st December:

Year 3 Assembly (2.00 pm Good Shepherd School)

Monday, 11th December

Year 6 Graduation Mass (6.00pm Good Shepherd

Church)

Thursday, 14th December

End of Year Whole School Mass (9.00 am Good Shepherd Church). Following Mass, there will be a Parent Helper morning tea held at Good Shepherd School).

Friday, 15th December

Last day of school for

students

Social Skill of the Week

"Cover your nose when you sneeze, then wash your hands"



Peace & Joy Awards

The Good Shepherd School Community would like to congratulate the following students for their hard work and dedication throughout the past week. These awards are presented for cooperation, respectfulness, responsibility. care, compassion, fair go and integrity.

КВ	Jeremiah Setefano	KG	Aahana Trivedi
KR	Poppy Stojanovski	KW	Sophia Romero
1B	Bhavya Chand	1G	Jio Nerviol
1R	Amber Catig	1W	Shanel Warnakula
2B	Patricia Mateo	2G	Joseph Nucum
2R	Natalia Falemaka	2W	Maya Portugal
3B	Ethan Baxter	3G	Jolene Inbaraj
3R	Isabella Craig	3W	Not Published
4B	Leatuku Setefano	4G	Maddison Schmutter
4R	Janica Nerviol	4W	Reece Tablada
5B	Arianna Cay	5G	Marissa Galea
5R	Annabelle Rahme	5W	Not Published
6B	Madison Butler	6G	Theodorea Taotua
6R	Phoenix Welzel	6W	Aarav Karan



Birthdays

Happy Birthday to the following students who will celebrate their birthday this week: Alisha Makkar, Liana Banares, Andrei

Jambalos, Joshua Caruana, Ayden Hoggard, Joshua Parnell, Harrison Coote, Ella Romero, Ruby Cornish, Ashriyah Harang, Jaiden Rosas, Aryan Sharma and Fatima Mancao.

Term 1 2018

Tuesday, 30th January: Years 1-6 commence

Wednesday, 31st January: **New Kinders commence**

Thursday, 1st February: Sibling Kinders commence



Parent Group News School Summer Disco

The School Summer Disco will be held Wednesday, 29th November in the Parish Hall. Sausage Sizzle, Drinks and chips will be available for purchase on the night. Glow

jewellery will be also available for purchase at \$4.00 each or 3 for \$10.00. Parents, please note the following times for your children to participate at the Disco:

Infants (Kinder - Year 2): 4.30 pm - 5.30 pm

Primary (Year 3—Year 6): 5.45 pm—7.00 pm

We require Parent Helpers for the disco, so if you are able to assist and have completed an online Building Child Safe Communities Volunteers application Webpage http:// www.parra.catholic.edu.au then click on "Child Protection Training Forms (halfway down page on the right hand side). Also, would you please leave your name at the office.



Bingo Hall Carpark Incident

Dear Parents, yesterday morning at assembly time (8.30 am) a Silver Tarago was rear-ended in the Bingo Hall Carpark. If anybody

witnessed this incident, would you please inform the school office.



School Banking News

Please note Student Banking finishes Tuesday, 28th November (Week 8). Banking will resume for the students in Week 3 of Term 1, 2018.



Library Borrowing Dear Parents & Carers, just a reminder that the last week for borrowing will be next week. Week 7. All books will then need to be returned by the end of Week 8. Any

books not returned by then, the relevant students will receive overdue notices and will be asked to pay for any books that are not returned, lost or damaged.

Term 4 2017 & Term 1 2018 Dates

Term 4:

Concludes: Friday, 15th December for students

(Monday 18th December and Tuesday 19th December are designated Staff

Development Days)

Term 1 2018

Commences: Tuesday, 30th January—students in

Year 1 through to Year 6 commence.

Wednesday, 31st January—New Kinder

students commence.

Thursday, 1st February—Kinder siblings

commence.

Showcase of Talent

As you may know, we have a 'Showcase of Talent' at the end of the year. This is an opportunity for the children to share their talent and skills with their grade buddies. The 'best of' each grade will perform to a larger audience in Week 10. If your child would like to participate in a performance, they must complete their own individual nomination form which they will receive by the end of the week. If your child would like to participate, they are to prepare everything at home. Parents are invited to attend the finalists performance in Week 10 - Thursday, 14th December. Any questions, please ask. Thank you Mrs Cooke

Good Shepherd School Bag



From 2018, all students will be required to use the school's "Good Shepherd" school bag as pictured.

The decision to have these bags as a standard part of our school uniform was made in 2015, voted in by the school Leadership Team as well as the Parent Group. If you are replacing your child's bag, please purchase the school bag.

The bag is available from the uniform shop or the school office. The cost is \$40.00 and payment is cash only.

These bags are designed to evenly

distribute weight and are made of extremely durable materials making them good value in the long run. Thank you.

Staff Development Days—Term 4 2017

Each year Staff participate in professional development to support them in their roles as educators. The focus of these days is aligned to Good Shepherd School's goals. Staff will use information they have gathered about the children to design learning programs for the children that will best meet their needs. These Staff Development Days are <u>PUPIL FREE DAYS</u> and will take place on Monday, 18th December and Tuesday 19th December, 2017 (Week 11). Our thanks to parents for organising care for their children on these days. COSHC will be able to offer limited spaces for care on these days. To make inquiries of COSHC, please telephone COSHC on Ph. 0409 121 980. <u>Please note the last day of school for students will be Friday, 15th December, 2017</u>.



Dear Parents & Carers, please note if someone else will be collecting your child early or during school hours, on your behalf, you need to inform the school in writing or by email to:

(goodshepherd@parra.catholic.edu. au) PRIOR TO PICKUP. This policy is effective immediately. Thank you for your cooperation in this matter.



Dear Parents, just a reminder that we will be inviting students, teachers and parents to provide feedback on their experience of our school

Tell Them From Me using an online survey.

The surveys are an important part of our whole school evaluation and planning process.

We would like to invite you to complete the Tell Them From Me (TTFM) Partners in Learning survey. As we value the role of parents and carers within our school community we would greatly appreciate your feedback. The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at Good Shepherd School.

The survey is anonymous and will take approximately 20 minutes to complete. You are able to access the parent survey on your computer or mobile device by using the URL below:

https://www.tellthemfromme.com/goodshepherd

If you do not have internet access at home, you are welcome to complete the survey at school in the Resource Centre on the following dates and times-

Thursday 9/11 2:30-3:30pm Friday 10/11 2:30-3:30pm Wednesday 15/11 8-9am Thursday 23/11 8-9am

If you have any questions, please see Mrs Cooke. Thank you



Canteen News

Two Meal Deals to choose from at \$5.00 each (This deal is available until this Friday 17th November).

Meal Deal 1

Chicken & Lettuce Sandwich, Juice Popper and Monkey Chips

Meal Deal 2

Sausage Roll, Juice Popper and Monkey Chips.

To view the full menu of Classroom Catering, please visit website: www.classroomcatering.com.au

Important

Afternoon School Gate Access Time and Dismissal Time

In order that afternoon classroom procedures can run smoothly and as a matter of child protection, the school gates will not open until the afternoon dismissal bell is rung at 2.50 pm. This is a practice that is now common to most primary schools, and we feel that it is something that we need to implement. <u>All children must be picked up no later than 3.15 pm.</u> Thank you for your cooperation.

Did you know

Your child's best learning time is the start of the school day just a little bit late doesn't seem much but

He/she just missing,	That equals	Which is	and over 13 years of schooling that's
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly half a year
20 minutes per day	1 hour 40mins per week	Over 2.5 weeks per year	Nearly 1 year
Half an hour per day	Half a day per week	4 weeks per year	Nearly 1 and a half years
1 hour per day	I day per week	8 weeks per year	Over 2 and a half years



Contact Details

Please provide us with landline and mobile phone details for work and home. In the event of an emergency we need as many contacts as possible to reach you. We will not contact you at work unless we need to in the event of an emergency or your child's wellbeing

if they are sick. Thank you for your cooperation in this matter.

After School Supervision

Just a reminder that school finishes at 2:50 pm. Please ensure that your children have been collected <u>before</u> 3:15 pm each afternoon.

There are many children who have not been collected before 3:15 pm which creates issues with supervision & safety for the children. If you are late collecting your children from school it impacts on the children, the staff and the running of the school. Please ensure that you have made suitable arrangements to have your children collected by 3:15 pm. If there is an emergency and you are running late to collect the children, please telephone the school office on (02) 9836 7100. Thank you.

Applications for Leave

Dear Parents, just a reminder of the following: Leave of 4 days or less should be requested by parents/carers in writing by email or a written note to the Principal. This letter of request should be addressed to the Principal prior to commencing the leave period indicating the specific reason or purpose for the request of leave.

If the leave is for 5 or more school days, this will require a formal application for leave by completing an Application for Extended Leave form. An interview is also required with the Principal prior to taking leave for 10 or more days.

Complaints/Grievances Forms

Parents, please note if you would like to make a complaint/ grievance in regards to any school matter, you can pick up a form from the school office. All matters will be attended to under strict confidentiality.

Kindergarten 2018 Enrolments—only a couple of places left

Enrolment Application forms for Kindergarten 2018 are available from the School Office. Parents, if you already have a child at Good Shepherd, you will still need to submit an Enrolment Form for any **new siblings** for 2018.

Class Placement for 2018

Very soon we will start to formulate classes for 2018. If you have any issues regarding your child's class placement, please inform Mrs Patricia Carr, Principal, in writing no later than **Friday**, **17th November**. Whilst we endeavour to take into account your considerations, final decisions are made by the School.

If your family is not returning to Good Shepherd in 2018, would you please inform Mrs Carr in writing also by **Friday**, **17th November**. Please indicate the school that they will be attending for our records. Thank you.

Back to School 2018

Parents, if you intend travelling overseas or interstate during the Christmas holidays and your child/children will be returning to school after school resumes, could you please notify the office in writing that this will be happening and note the date your child will be returning for the 2018 school year. (NB, please remember you require an interview with the Principal's for leave for 10 school days or more prior to taking leave. You will need to complete an Application for Leave form which can be picked up from the school office). This must be completed, travel documentation attached to it, and returned to the school office prior to going on leave. An interview will then be arranged with the Principal in order for leave to be approved.

School Fees—Outstanding Accounts

Parents, All outstanding accounts for your child must be finalised. All families who have an arrangement in place, please continue with your commitment. Thank you for your cooperation.

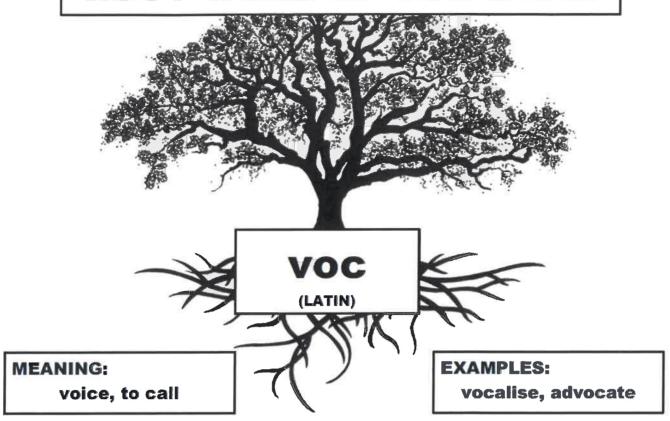
SCHOLASTIC

Dear Parents, Bookclub Issue 8 has now been handed out. Please note the closing date will be Friday, 1st December. Thank you.

COSHC Notice

Dear Parents & Carers, please note there will be **no child care available** on the last two days of Term 4 which are the Staff Development Days (Pupil Free days) Monday, 18th December and Tuesday, 19th December. Students finish Term 4 on Friday, 15th December, 2017.

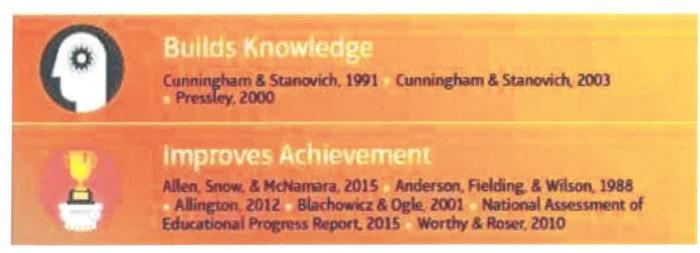






Studies that prove we need to read more... (From Disrupting Thinking by Beers and Probst)

Reasons to read more:



From the Bishop's Office

Special edition of Catholic Outlook

At the request of Bishop Vincent Long OFM Conv, Catholic Outlook will be back in print for a special, one-off December 2017 Christmas edition. This special edition will be a beautifully bound, 40-page, A4 magazine and will showcase the work of the parishes, ministries and agencies of the Diocese of Parramatta. Look out for copies in your parishes and schools from Monday 4 December.

Health Carers and the Assisted Dying Bill 2017

The proposed legislation to legalise assisted suicide and euthanasia will be debated in the Parliament of New South Wales on the 16 November. A similar bill has passed the Lower House in the Victorian Parliament. Such changes will place at risk the most vulnerable patients as well as undermining the relationship between patients and Healthcare Professionals which is based on trust and mutual respect. Rather than the legalisation of assisted suicide and euthanasia all Doctors, Nurses, Allied Health Professionals are asked to let your Members of Parliament know that you support increased access to better aged care and mental health services, disabilities assistance and excellent palliative care.

There is an open letter against the legalisation of assisted suicide and a petition which has been organised by concerned healthcare professionals. You are asked to add your name to their petition by going to the link: www.healthprofessionalssayno.info

Bishop Vincent Long OFM Conv statement on Manus Island

Bishop Vincent Long OFM Conv, Bishop Delegate for Migrants and Refugees has issued a statement on behalf of the Australian Catholic Bishops Conference, following the closure of the Manus Island Centre. He states: "The policy of offshore detention has failed and it is time for us to deal with the issue of asylum seekers and refugees according to this nation's proud tradition and the best nature of its citizens. We can do a whole lot better, just as we did welcome "those who've come across the seas" after the wars in Europe and in Southeast Asia. The concern for maritime border security does not have to make us into a mean-spirited people. The policy of offshore detention has cost Australia dearly. But it has cost the detainees and their families even more. I appeal to the government and political leaders to act in accordance with our honourable tradition. It is time to find an alternative and conscionable solution, including accepting New Zealand's offer of resettlement and bringing the remaining detainees on Manus Island to Australia for further processing."

St Philomena Association Holy Mass: 18 November

St John Vianney was very devoted to St Philomena. Pope Gregory XVI called her "the great wonder worker". Mass at noon with Confession from 11.30am: St John Vianney's Church, 17 Cameron St, Doonside. A short walk north from Doonside station, the one past Blacktown. Please bring a snack to share. Elizabeth tel or text 0423 15 44 63, epeoples9@gmail.com Facebook: Libby Peoples (events)

Christian Meditation Day: 19 November

The last Christian Meditation Introduction and Renewal Day for 2017 at St Benedict's Monastery, 121 Arcadia Rd, Arcadia is on Sunday, 19th November. Arrival is 10am for 10:30am. Presentations, Meditation and Mass. BYO picnic lunch, tea and coffee provided. Books and DVDs available for purchase. Registration on arrival. Voluntary Donation to the monks. Day closes around 3pm. Accommodation may be available at the monastery, ring: Br Terry 0438 282 318. Enquires: Ann Lomas 9456 4775 /atlomas@bigpond.com or Ann Bergman 9498 2625 /annie bergman@hotmail.com

Worldwide Marriage Encounter Weekend: 24-26 November

A Worldwide Marriage Encounter Weekend is a Marriage Enrichment experience for married couples – set in peaceful, picturesque surroundings, away from the distractions of everyday life. During the weekend, couples have a unique opportunity to reconnect, rekindle and refresh their relationship. Take time out of your busy schedule, to invest in your most precious asset . . . your Marriage! Weekend date: 24th -26th November, at Mt Carmel Retreat Centre, Varroville, NSW. Bookings online at www.wwme.org.au or Adrian and Janet Sullivan: on 0490 774 419 or adrian.janet1@bigpond.com

Volunteer overseas information session: 29 November

Palms Australia is looking for people - such as teachers, health and community development workers - to volunteer in Catholic communities all over the world to mentor workers in their fields of expertise. Australian donors cover your costs and outstanding support is provided through the church's single biggest global volunteer mission agency. Information Session on Wednesday November 29, 5:45 - 7:00 pm. More information: www.palms.org.au/projects/

International Day of People with Disability: 3 December

The International Day of People with Disability is observed annually on 3 December. In Australia, over many years, the Church has sought to take this day as an opportunity to encourage a truly pastoral view that embraces our total community as the living Body of Christ. We especially pray that we, the Church, can strive to be a people of compassion and relationship, and a sacred place where our gifts are acknowledged, received and celebrated; for then we can truly proclaim that we are 'one Body in Christ'.

CHRISTMAS 2017 AND JANUARY 2018: COSHC OPERATION DATES

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To assist COSHC families in planning their education and care needs over the Christmas closure period and to plan bookings for Vacation Care in January 2018, a calendar of Closure Dates and Operational Dates has been issued to all families enrolled with COSHC.

COSHC WILL BE CLOSED ON:

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- Monday, 18 December 2017 and Tuesday, 19 December, 2017. COSHC staff will be participating in professional development in line with teachers and school staff.
- The Early Learning and Care team will be on annual leave from 22 December, 2017 to 5 January 2018.
 COSHC will not be operating during these days.
- COSHC will be closed on Australia Day, 26 January, 2018
 - COSHC will be closed on Monday, 29 January 2018 for professional development of staff.

FAMILIES, PLEASE NOTE:

- Christmas Closure
- The last day of operation of COSHC services will be Friday, 15 December 2017.
- January Vacation Care
- The COSHC Summer Vacation Care Program commences on Monday, 8 January, 2018 to Thursday 25 January 2018.
- 2018 Commencement of COSHC operations for Before- and After-School programs
- COSHC will re-open on Tuesday, 30 January, 2018.



GOOD SHEPHERD PRIMARY SCHOOL

134 Hyatts Road, Plumpton 2761

Mail Address: Locked Bag 1001 Plumpton NSW 2761 Telephone: (02) 9832 1509 Fax: (02) 9832 8984

email: goodshepherd@parra.catholic.edu.au website: www.gsplumpton.catholic.edu.au

20th May 2016

Dear Families of Good Shepherd School,

BUILDING CHILD SAFE COMMUNITIES - NEW FORMS FOR ALL VOLUNTEERS AND CONTRACTORS

'Building Child Safe Communities' is a new initiative developed by Catholic Education Diocese of Parramatta that enhances our commitment to ensuring the safety and wellbeing of all students in our care.

We realise that many of our dedicated volunteers have already completed a Working With Children Check. Thank you for the providing this information to our school, however, this new requirement is in addition to the current WWCC/APP number that you have provided.

If you are **new** to volunteering to the school, or you have **already completed** your clearance, please follow the procedures below to complete the online forms.

It is now a requirement that all volunteers and contractors complete an online undertaking form that confirms expectations in relation to behaviour whilst volunteering or contracting at schools, Catholic Out of Schools Hours Care and Catholic Early Learning Centres. This undertaking form also seeks to determine the suitability of volunteers and contractors by requiring them to declare that they do not have a criminal history involving children.

Volunteers – please click on 'Building Child Safe Communities – Undertaking for Volunteers' or access the form via the Catholic Education Diocese of Parramatta public webpage http://www.parra.catholic.edu.au, then click on 'Child Protection Training Forms' (halfway down page on the right hand side).



Then click on 'Volunteer Form' (halfway down page).

You will receive a confirmation email once the form has been submitted. Your details are maintained confidentially in a central database and a copy of your confirmation is emailed to the location where you are volunteering. Thank you for assisting us in keeping our children and community safe.

Mrs Patricia Carr

Padriora Cun-

Principal

GIVING BLOOD FEELS GOOD

Every donation can save three lives.

Mobile Blood Service visiting: Plumpton Marketplace

Cnr Hyatts & Jersey Road, Plumpton

Thursday 14 December Friday 15 December Saturday 16 December

12.00pm – 6.00pm

8.30am - 2.30pm

8.30am - 2.30pm

<u>Drink up!</u> Have 3 or 4 glasses of water or juice in the hours before you donate <u>Eat!</u> Have a good sized breakfast or lunch <u>Please bring photo I.D. with you</u>

